

10-Day Nails & Lash Extensions Course

Professional nail services and safe lash-extension application

COURSE FORMAT	10 days practical studio course
GUIDE PURPOSE	Use alongside Tutor LMS lessons, practical demonstrations and supervised studio work.

Learning outcomes

- Prepare the nail and lash area using safe sanitation processes.
- Perform a structured manicure and gel-polish service.
- Map and apply a classic lash-extension set safely.
- Explain contraindications, aftercare and maintenance schedules.

Practical preparation

- Nail sanitation supplies
- Disposable lash wands
- Lash mapping cards
- Client consent and aftercare forms

Applied practice brief

Produce a nail-and-lash consultation plan that identifies contraindications, service choices and personalised aftercare.

Healthy professional practice

Always follow manufacturer instructions, work within your training level, obtain informed client consent and refer clients where a contraindication or health concern is identified. Maintain a clean, hygienic workspace throughout every practical service.

Tutor LMS resources

Open the related lesson video and resource link in your course classroom. Complete the knowledge check before submitting your practical assignment.